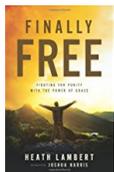


Resources for Understanding Biblical Sexuality



Finally Free: Fighting for Purity with the Power of Grace by Heath Lambert; Zondervan, 2013. This medium read provides awesome encouragement and lays out an eight-step strategy that builds on gospel grace. Highly recommended for anyone struggling with pornography.



Closing the Window: Steps to Living Porn Free by Tim Chester; IVP 2010. This medium read and well-researched book provides a five-step process for overcoming porn struggles. He gives many encouraging stories and uses Scripture soundly to encourage overcoming pornography through grace. This is a bit simpler of an approach than Finally Free. Highly recommended.



Surfing for God: Discovering the Diving Desire Beneath Sexual Struggle by Michael John Cusick; Nelson, 2012. This medium read explores how those who struggle sexually are actually seeking a deeper, more passionate relationship with God. It's a great follow-up to Closing the Window or Finally Free, fleshing out what it looks like to turn from worshipping sex or porn to worshipping God.



Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds by Kristen A. Jensen; Glen Cove Press, 2014. A read-aloud for elementary school kids that talks about pornography in simple language. A great resource to prepare them for things they will stumble upon.



Help! My Kids are Viewing Pornography by Tim Challies, LifeLine Minibooks, 2017. This simple pamphlet gives parents a practical, crash-course overview on how to handle the pornography that bombards our teens. It offers a critique of our porn-filled culture, an overview of sex and masturbation, and offers concrete steps to take to protect your kids against pornography.

Software:



Covenant Eyes. www.covenanteyes.com, and on the Play Store and iTunes. Install on all your devices to track your web usage and send a detailed report to accountability partner(s) of your choosing. Also offers web filtering across all devices. \$12/month for a personal account; \$16/month for a family account.



Open DNS www.opendns.com This can be installed on your router to enable you to filter all traffic that goes through your home router. You can set a variety of parental controls through their free software.